



Resources

- [PBS Learning Media](#)
- [84 Science Lessons To Do At Home](#)
- [Talking to Your Child About the Coronavirus](#)
- [Managing Stress and Anxiety During the Novel Coronavirus Pandemic](#)
- [Educational Resources for School Closures](#)
- Check out the [MI Stronger Family – Michigan State University Extension](#) Facebook page regularly for updates and links to resources.
- **Twinkl: Go to www.twinkl.com/offer and enter the following offer code: USATWINKLHELPS** (This code will only work for new memberships. Existing members should contact twinklcares@twinkl.com)
- [Teacher Vision](#)
- [MI Stronger Family – Michigan State University Extension](#)

Family Yoga with Kylie

Stuck inside? Yoga is a great way to exercise, practice mindfulness, manage stress and get moving! Join MSU Extension's Family Yoga with Kylie for some yoga and mindfulness to keep your family moving and active. All ages and abilities welcome! No yoga experience required. All you'll need is comfy clothes and an internet connection.

Join us via Zoom:

Step 1: Download the Zoom app: <https://zoom.us/download>

Step 2: Join the meeting at: <https://msu.zoom.us/j/761734640>

Join us via Facebook Live:

[MI Stronger Family – Michigan State University Extension](#)

Michigan State Police Emergency Management and Homeland Security

This is the website for the Michigan State Police Emergency Management and Homeland Security for Up to date state information

https://www.michigan.gov/msp/0,4643,7-123-72297_60152---,00.html

For Additional Information

For more information and links to additional resources, feel free to contact me.

Patti Marrs, Program Instructor

Email: marrspat@msu.edu

Phone: 989-227-6466